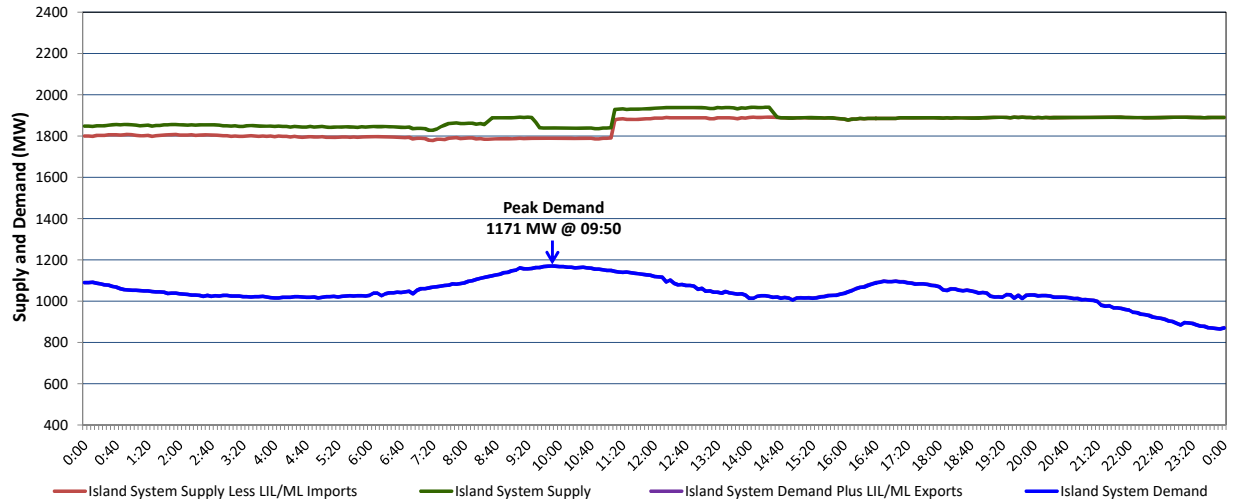


**Newfoundland Labrador Hydro (NLH)  
Supply and Demand Status Report Filed Monday, December 16, 2019**

**Section 1  
Island Interconnected System Supply, Demand & Exports  
Actual 24 Hour System Performance For Sunday, December 15, 2019**



**Supply Notes For December 15, 2019**

- A As of 1420 hours, December 14, 2019, Holyrood Unit 2 available at 75 MW (170 MW).
- B As of 1719 hours, December 14, 2019, Stephenville Gas Turbine available at 25 MW (50 MW).
- C At 1110 hours, December 15, 2019, Upper Salmon Unit available (84 MW).

**Section 2  
Island Interconnected Supply and Demand**

Mon, Dec 16, 2019	Island System Outlook <sup>3</sup>	Seven-Day Forecast	Temperature (°C)		Island System Daily Peak Demand (MW)	
			Morning	Evening	Forecast	Adjusted <sup>7</sup>
Available Island System Supply: <sup>5</sup>	1,925 MW	Monday, December 16, 2019	2	-4	1,470	1,365
NLH Island Generation: <sup>4</sup>	1,575 MW	Tuesday, December 17, 2019	-3	-4	1,525	1,419
NLH Island Power Purchases: <sup>6</sup>	145 MW	Wednesday, December 18, 2019	-5	-5	1,430	1,325
Other Island Generation:	205 MW	Thursday, December 19, 2019	-3	-3	1,445	1,340
ML/LIL Imports:	- MW	Friday, December 20, 2019	0	-2	1,435	1,330
Current St. John's Temperature & Windchill: 2 °C	N/A °C	Saturday, December 21, 2019	-2	-2	1,410	1,306
7-Day Island Peak Demand Forecast:	1,525 MW	Sunday, December 22, 2019	-5	-7	1,420	1,316

**Supply Notes For December 16, 2019**

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. The power system operators schedule outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
  2. Due to the Island system having no synchronous connections to the larger North American grid, when there is a sudden loss of large generating units there may be a requirement for some customer's load to be interrupted for short periods to bring generation output equal to customer demand. This automatic action of power system protection, referred to as under frequency load shedding (UFLS), is necessary to ensure the integrity and reliability of system equipment. Under frequency events have typically occurred 5 to 8 times per year on the Island Interconnected System and the resultant customer load interruptions are generally less than 30 minutes. With the activation of the Maritime Link frequency controller during the winter of 2018, UFLS events have occurred less frequently.
  3. As of 0800 Hours.
  4. Gross output including station service at Holyrood (24.5 MW) and improved NLH hydraulic output due to water levels (35 MW).
  5. Gross output from all Island sources (including Note 4).
  6. NLH Island Power Purchases include: CBPP Co-Gen, Nalcor Exploits, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
  7. Adjusted for curtailable load, market activities and the impact of voltage reduction when applicable.

**Section 3  
Island Peak Demand Information  
Previous Day Actual Peak and Current Day Forecast Peak**

Sun, Dec 15, 2019	Actual Island Peak Demand <sup>8</sup>	9:50	1,171 MW
Mon, Dec 16, 2019	Forecast Island Peak Demand		1,470 MW

- Notes: 8. Island Demand / LIL / ML Exports (where applicable) is supplied by NLH generation and purchases, plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).